

# BEHAVIORAL HEALTH RESOURCES

## NATIONAL RESOURCES

### National Suicide Hotline

988 or 1-800-273-8255

### SAMHSA National Hotline

1-800-662-4375

### National Alliance of Mental Illness

1-800-950-NAMI

### Veterans Crisis Line

1-800-273-8255

### National Drug Hotline

1-800-633-3239

## ALABAMA RESOURCES

### Alabama Department of Mental Health

[mh.alabama.gov](http://mh.alabama.gov)

1-800-367-0955

### VitAL Alabama

[vitalalabama.com](http://vitalalabama.com)

### Wings Across Alabama (Peer Hotline)

<https://wingsacrossal.org/>

1-844-999-4647

### Recovery Organization of Support Specialists

1-844-307-1760 (24/7 line)

## LOCAL RESOURCES

### Wellstone Emergency Services

24/7 Behavioral Crisis Care

256-705-6444

### CED Mental Health Center

Comprehensive Mental Health Services

256-845-4571

### The Bridge

Outpatient Substance Use Services

205-758-3867

### Arc of Dekalb County

Services for Developmental Disabilities

256-845-0165



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# CONNECT ALABAMA BEHAVIORAL HEALTH SERVICES & TREATMENT FINDER



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